DESCRIPTIONS OF ELECTIVE COURSES

Field of study	Social Work
Level	first-cycle studies
Students admitted in the academic year	2024/2025– from summer semester
Semester in which the courses are selected	**4**
Semester in which the courses are conducted	**5**

Elective courses enable the acquisition of knowledge and development of skills important to the field of study but considering the student's individual interests.
This semester you can choose some elective courses, and the selected courses will be taken in the summer semester.
The course can be implemented if there is enough willing students (no less than 66% of students making their choice).
This semester, you will make your choice using a survey that will be available from November 6th (the survey will be active until November 15th). Students who do not make a choice will be administratively added to the courses that will be implemented.

In the winter semester of the 2026/27 academic year, students choose 3 courses out of 5 offered.

PROMOTING THE ACTIVITY OF OLDER PEOPLE IN LOCAL COMMUNITY

Subject objectives:
The aim of the subject is to familiarize students with the importance of the local community in the process of activating older people. The student is familiarized with terminology, methods and tools and develops problem-solving skills in this area.

Subject content:
- Old age and aging, concept and scope of the phenomenon.
- Causes and effects of individual aging and social aging of societies.
- Activity and activation of older people, definitions, forms and areas, functions.
- Social support network. The importance of the local community in the process of activating older people.
- Educational activity of older people, lifelong learning theory.
- Universities of the Third Age and Senior Clubs as a form of social activation. Programs activating older people in the area of new technologies and digitalization.
- Cultural activity of older people and institutions working in this field.
- Basics of interpersonal communication with older people.
- Tourism and recreation in the lives of older people.

SOCIAL WORK WITH CHILDREN AND FAMILIES

Subject objectives:

Developing skills in the area of social work with children and families. Developing the ability to construct a plan of corrective work with the family and child and to undertake intervention and remedial actions. Acquiring skills in documenting social work with families.

Subject content:

- Forms of work with families experiencing parenting and caregiving challenges. Ethical aspects of care and support activities with families. Family support methods focused on solving problems
- The family in transition. Family dysfunction (violence, neglect, co-dependency, addiction, adoption, situational crises, separation, divorce, etc.)
- Family support methods focused on addressing identified needs and challenges
- Development and implementation of a support or safeguarding intervention plan with the family. Selected documents used in working with families
- Support and safeguarding. The importance of identifying and responding to risk and harm in protecting children
- The role of social work in preventing social exclusion of children and young people from coming from different family backgrounds
- Child and family assessment - assessment frameworks, planning and reviewing processes
- Methods of practical application of the empowerment-based practice in work with the family
- Social work with children and their families when a child is placed in a residential childcare institution

SOCIAL WORK WITH PEOPLE WITH DISABILITIES

Subject objectives:

The aim of the subject is to familiarize students with the terminology, methods and tools related to social work with people with disabilities and to develop skills in solving problems in this area. The student will get acquainted with the tasks and competences of institutions supporting the activation of disabled people as well as the sources and methods of obtaining the resources for their activity. Students learn about the reasons for the exclusion of disabled people from social life and the possibilities of their activation and integration.

Subject content:

- Disability and social work. Concept and models of understanding disability. People with disabilities in state social policy
- Disability in Poland according to census and Central Statistical Office estimates. Basic allowances and rights of a disabled person in Poland
- Rehabilitation of disabled people and its stages. Institutions supporting the process of inclusion and rehabilitation and their tasks
- Specifics of counseling and social services for people with disabilities. Selected disability-related issues encountered in social work

- Effective communication with people with disabilities. Principles of respectful and inclusive practice
- Supporting people with disabilities and their families. Strengthening independence and resilience
- Social worker in relation to a person's disability. Standards and tools for social work with people with disabilities and their families
- Projects and initiatives of public institutions and NGOs in the field of social activation
- Employment support of people with disabilities. Instruments for employment support of people with disabilities. The role of the social worker in developing employability and job-seeking skills among people with disabilities

SOCIAL WORK WITH REFUGEES AND IMMIGRANTS

Subject objectives:

To familiarize students with the phenomena of contemporary migration, and the legal status of migrants and refugees. Students can analyse the determinants of their social exclusion, interpret their needs and challenges and propose appropriate forms of support and inclusion.

Subject content:

- Basic concepts and definitions: refugee, migrant, asylum seeker, stateless person, displaced person
- International and national law on migration. Foreigner status
- Social rights of refugees and immigrants. Social assistance for foreigners applying for refugee status
- Integration and adaptation of refugees into society. The role of local communities and institutions in the inclusion
- Social and psychological problems of migrants. Challenges related to children and family
- The role of a social worker in working with refugees and immigrants
- Individual Integration Programmes as a form of working with refugees and foreigners
- Social work with refugees and immigrants in the local community. Methods and forms
- Education of foreigners and recognition of their qualifications. Challenges and problems accompanying the arrival of foreign children in schools

SOCIAL WORK WITH YOUNG PEOPLE

Subject objectives:

To familiarize students with issues related to the social and emotional development of young people and the specificity of social work with this group of people. Students will learn applied methods in social work with young people and learn about institutions and forms of support dedicated to this group of clients. Students also learn the specifics of working with groups of young people requiring special support, e.g. people with behavioral disorders, addictions, young people leaving care and educational institutions.

Subject content:

- Emotional and social development of young people.
- Methods and activities in social work with young people.
- Social welfare institutions and forms of youth support.
- Working with young people with behavioral disorders.
- Working with young people showing suicidal behavior.
- Counteracting addiction to psychoactive substances.
- Social work with young people leaving care and educational institutions.