

DESCRIPTIONS OF ELECTIVE COURSES

Field of study	Social Work
Level	first-cycle studies
Students admitted in the academic year	2024/2025
Semester in which the courses are selected	4
Semester in which the courses are conducted	5

Elective courses enable the acquisition of knowledge and development of skills important to the field of study but considering the student's individual interests.

This semester you can choose some elective courses, and the selected courses will be taken in the summer semester.

The course can be implemented if there is enough willing students (no less than 66% of students making their choice).

This semester, you will make your choice using a survey that will be available at the beginning of November (the survey will be active for two weeks). Students who do not make a choice will be administratively added to the courses that will be implemented.

In the summer semester of the 2025/26 academic year, students choose 3 courses out of 5 offered.

SOCIAL WORK WITH YOUNG PEOPLE

Subject objectives:

To familiarize students with issues related to the social and emotional development of young people and the specificity of social work with this group of people. Students will learn applied methods in social work with young people and learn about institutions and forms of support dedicated to this group of clients. Students also learn the specifics of working with groups of young people requiring special support, e.g. people with behavioral disorders, addictions, young people leaving care and educational institutions.

Subject content:

- Emotional and social development of young people.
- Methods and activities in social work with young people.
- Social welfare institutions and forms of youth support.
- Working with young people with behavioral disorders.
- Working with young people showing suicidal behavior.
- Counteracting addiction to psychoactive substances.
- Social work with young people leaving care and educational institutions.

SOCIAL WORK WITH REFUGEES AND IMMIGRANTS

Subject objectives:

To familiarize students with knowledge of contemporary migration, the legal status of migrants and refugees, and the social, cultural and psychological determinants of their exclusion and integration, the tasks and competences of institutions providing assistance to refugees and immigrants. Students develop skills in using methods and forms of social work with refugees and immigrants.

Subject content:

- Basic concepts and definitions: refugee, migrant, asylum seeker, stateless person, displaced person
- International and national law on migration
- Integration and adaptation of refugees into society. The role of local communities and institutions in the integration of migrants
- Social assistance for foreigners applying for refugee status
- Individual Integration Programs as a form of work with refugees and immigrants. IPI assumptions, figures, progress in the integration process; the role of a social worker in IPI implementation
- Education of foreigners and recognition of their qualifications. Challenges and problems accompanying the adaptation of immigrant children at schools
- Social rights and assistance benefits for refugees and migrants
- Housing issues for foreigners
- Employment and professional activation of foreigners
- Social work with migrants and refugees – selected local integration activities.

PROMOTING THE ACTIVITY OF OLDER PEOPLE IN LOCAL COMMUNITY

Subject objectives:

The aim of the subject is to familiarize students with the importance of the local community in the process of activating older people. The student is familiarized with terminology, methods and tools and develops problem-solving skills in this area.

Subject content:

- Old age and aging, concept and scope of the phenomenon.
- Causes and effects of individual aging and social aging of societies.
- Activity and activation of older people, definitions, forms and areas, functions.
- Social support network. The importance of the local community in the process of activating older people.
- Educational activity of older people, lifelong learning theory.
- Universities of the Third Age and Senior Clubs as a form of social activation. Programs activating older people in the area of new technologies and digitalization.
- Cultural activity of older people and institutions working in this field.
- Basics of interpersonal communication with older people.
- Tourism and recreation in the lives of older people.

SOCIAL WORK WITH CHILDREN AND FAMILIES

Subject objectives:

Developing skills in the area of social work with children and families. Students are able to collect, analyze, evaluate and use information from various sources regarding difficult life situations of family members know the ability to construct a plan of corrective work with the family and child and to undertake intervention and remedial actions. Acquiring skills in documenting social work with families by defining the goals, expected results, scope of activities and the roles of the people involved.

Subject content:

- Forms of work with families experiencing care and educational challenges. Family support methods focused on solving problems
- The family in transition. Family dysfunction
- Development and implementation of a corrective work plan with the family. Selected documents used in working with families
- Taking intervention and remedial measures in situations threatening the safety of children and adult family members
- Social work aimed at preventing social exclusion of children and young people from various types of families
- Methods of monitoring and evaluating the family situation and assessing the effectiveness of actions.
- Methods of practical application of the empowerment idea in work with the family.

SOCIAL WORK WITH PEOPLE WITH DISABILITIES

Subject objectives:

The aim of the subject is to familiarize students with the terminology, methods and tools related to social work with people with disabilities and to develop skills in solving problems in this area. The student will get acquainted with the tasks and competences of institutions supporting the activation of disabled people as well as the sources and methods of obtaining the resources for their activity. Students learn about the reasons for the exclusion of disabled people from social life and the possibilities of their activation and integration.

Subject content:

- Disability and social work. Concept and models of understanding disability. Persons with disabilities in state social policy.
- Disability according to census Central Statistical Office estimates. Basic allowances and rights of a disabled person.
- Rehabilitation of disabled people and its stages. Institutions supporting the process of integration and rehabilitation.
- Specifics of counseling and social services for people with disabilities

- Selected disability-related problems encountered in social work
- Effective communication with clients with disabilities.
- Supporting people with disabilities and their families. Self-advocacy versus self-determination rights. Respite care and family assisted living.
- Social worker towards the client's disability. Standards and tools for social work with people with disabilities and their families.
- Vocational activation of people with disabilities. Projects and initiatives of public institutions and NGOs in the field of social activation